

EXAMPLE

MENU

Monday

Morning Snack:

Milk and Fruit

Lunch:

Cottage pie with broccoli and cauliflower

Apple crumble and custard

Afternoon Tea

Cheese crackers, cucumber and apple pieces

Carrot cake

FIVE A DAY

We offer fruit as an alternative to dessert at lunch and afternoon tea. We understand the importance of nutrition and encourage healthy eating.

EXAMPLE

MENU

Tuesday

Morning Snack:

Milk and Fruit

Lunch:

Homemade chicken korma with wholemeal rice and naan bread.

Chocolate whip

Afternoon Tea

Scotch pancakes with carrot and celery sticks

Biscuit selection

EXAMPLE

MENU

Wednesday

Morning Snack:

Milk and Fruit

Lunch:

Salmon lasagne with sweetcorn
and garlic bread.

Artic roll

Afternoon Tea

Chicken sandwiches on
wholemeal bread, pepper and
cucumber sticks with hoola hoops

EXAMPLE

MENU

Thursday

Morning Snack:

Milk and Fruit

Lunch:

Home made leek and potato soup
with herb croutons and crusty bread.

Chocolate cheese cake

Afternoon Tea

Homemade pizza, carrot and
cucumber sticks

Ginger cake.

EXAMPLE

MENU

Friday

Lunch:

Homemade fish cakes with homemade potato wedges and baked beans.

Fruit flan with pouring cream

Afternoon Tea

Bagels with strawberry jam,
pepper and celery sticks and
crisps